



Jay Tellis - State President

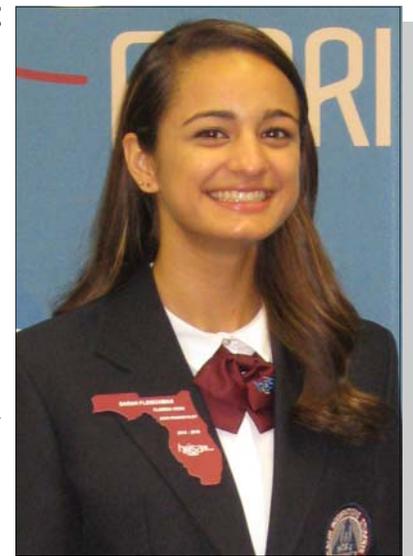
gearing all of your hard work and preparation towards the greatest week of the year. That's right! It is time for what we've all been waiting for: the 2016 Florida HOSA State Leadership Conference! The conference will be from April 14 - 17 and our host hotel will be the Marriott Orlando World Center. The new year has inspired your State Officers to kick it in high gear and make sure this year's State Conference is one for the books! Be ready to network with many of our amiable members who share the same career interests. Be ready to compete against members from across the state of Florida in events that will prepare YOU for your future health profession. Be ready to have

an amazing time at the Marriott Orlando World Center which will provide a true "home away from home" experience! If that doesn't excite you, I know what will: Walt Disney World®. Take a day to visit one of the finest theme parks in the world, right here in our beautiful sunshine state. Ultimately, this conference is for you, our members. No matter the outcome of your competition, we hope the conference can add to your life in waves that can move mountains. The advancement of leadership and networking qualities are byproducts you will be thrilled to take home. Florida HOSA, get ready for an UNFORGETTABLE conference with an incredible organization at this year's State Leadership Conference!

Happy New Year Florida HOSA! I hope everyone's experience at their regional conference was one to remember! Now that your regional competitions are over, start

Sarah Fleischman - State President-Elect

A long time ago, in a Camp K far, far away, the force was at its strongest. At Florida HOSA's 2015 Fall Leadership Development Academy (FLDA), the leaders were innovated, inspired, and ignited. The theme of the conference was "FLDA MMXV: The Leaders Awaken". Regional Officers, Chapter Officers, and vibrant members of Florida HOSA attended workshops which taught them various aspects of leadership. We hope everyone was able to learn a lot from the State Officer Workshops (as well as enjoying our skits!). The weekend was also filled with engaging activities, which included "Dancing with the State Officers", a late night hay ride, and some Academy-Award-worthy team skits to end our great time. The mission of this conference is to enhance your leadership traits and provide you with tools to take back and practice in your own chapter and region. Together, we learned qualities to meet this mission - whether that be through a team meeting, a workshop, eating s'mores, or even dancing around a campfire to "Gangnam Style". Some of you even contributed to our Florida HOSA Foundation Scholarship by dancing with the State Officers, participating in our photo session, and getting decked out in the cool conference t-shirt! With that, I would like to thank all of you for showing Camp Kulaqua what talented and respectful leaders Florida HOSA has. Thank you to our board members and Chapter Advisors who attended - you are the instrumental figures that continue to keep our members engaged and we appreciate your time. Another warm thank you to the staff at Camp K for once again, making sure our members were always full and secure at night. A special thank you to our own FLDA security, Rick Paul. Last, but certainly not least, thank you our State Office staff for helping us plan and organize this galactically successful conference. I cannot wait for FLDA 2016! But for now, we will see you in April at the State Leadership Conference at the Marriot Orlando World Center in Orlando!





Alex Williams - State Northern VP, Sec.

Hello again, members of Florida HOSA! As another incredible year goes on, the achievements and wonders made by the members of HOSA continue to transpire. By now, most of you have competed at your regions and have felt the rewards of all the hard work you put in to your events. From Public Service Announcements, all the way to Medical Math, you've all worked very hard to compete and place where you wanted to be for your regional competition. However, your hard work is far from over. For those of you who scored high at your regional competition, it is now time to prepare for the Florida HOSA State Leadership Conference. It's time to practice and work even harder, because the competition is bigger and will be more challenging than before. As the old saying goes, you reap what you sow - meaning that if you work hard enough, you could be one of the lucky few who can compete at the International Leadership Conference! So, crack open those books, practice those skills, prepare those speeches, and get ready for another amazing State Leadership Conference!

Scholarship Opportunities

<http://www.apa.org/about/awards/>

<http://nshssfoundation.org/scholarships/stem-scholarships/>

"Life is 10% what happens to us and 90% how we react to it!"

- Charles Swindoll

Barbara Sanchez - State Northern VP, PS/C

Happy New Year, Florida HOSA! It is time to take charge of your future to ensure that 2016 is your best year yet. With that said...

MONEY! FREE. MONEY.

Yes, that is right, I am talking about scholarships. Scholarships are wonderful in the fact that you gain money for just being the exceptional student, community and HOSA member that you already are. There are a few different scholarships of which you can take advantage to fund your scholarly endeavors and they are available at the secondary and postsecondary levels. The Florida HOSA Foundation Scholarship - this is the scholarship that your State Officers fundraise money for at our conferences - just for you the members! The application deadline for this scholarship is February 16.

The Health Occupations Educators Association of Florida (HOEAF) Scholarship has a deadline of March 1. The only requirement for this scholarship is that your advisor be a member of HOEAF.

The National HOSA Scholarship can be found at this link: <http://www.hosa.org/node/150>. Once you complete the application you are eligible for dozens of partner scholarships! The deadline is April 1. Recipients of this scholarship will be announced at the International Leadership Conference in Nashville this June. Winners of the Florida HOSA Foundation Scholarship and HOEAF Scholarship will be announced at the annual State Leadership Conference (SLC), April 14 - 17.

You never know if your name will be amongst the many called on stage. For applications and information about the scholarships, please visit <http://www.flhosa.org/resourcespublications/scholarships>. Good luck! We'll see you at the SLC in Orlando!





Brittney Jean-Baptiste - State Southern VP, Sec.

Florida HOSA members, are you ready for war? That's right! It's time for the beginning of the annual Florida HOSA Penny Wars! This is the time to grab your wallets and your change because this means war. At this year's State Leadership Conference, HOSA members will be able to put pennies in their region's jar with the chance to collect the most points - each penny equals one point. However, if you throw any paper bills or silver coins into the jar of another region, it will deduct points from their total by the value of the currency. For example, if you add a quarter to another region's jar, it will deduct twenty-five points. Of course, this friendly competition is for a great cause, our National Service Project - The Leukemia and Lymphoma Society. As HOSA members, it is our duty to give aid to those that are in need with hopes of changing their life for the better; but that is not to say we can't have a little fun while doing it! Come one and all for a chance to beat our reigning champions - Region 9 with an extraordinary \$9,663.77!! Last year, Florida HOSA donated a total of \$17,940.48 to the National Service Project. I know we can do better! I can't wait to see you all during SLC at the Marriott Orlando World Center!

**“Life begins at the end
of your comfort zone.”**

- Neale Donald Walsch

CAREER RESOURCES

A free guide to exploring nursing as a career:

<http://www.nursingschool411.com/>

Hello, Florida HOSA members!! I hope everything was amazing with your conferences and competitions. As we draw closer to the State Conference, I wanted to give you a look at some of the fundraisers that your State Team is planning to help support the Florida HOSA Foundation Scholarship.

Our famous Lollipop Tree will be found growing its sweet treats in our Conference Headquarters, and with each lollipop purchased for \$1.00 will come a chance to win a prize!

We will also be offering Candygrams and Flowergrams for

Michael Riley - State Southern VP, PS/C

members to send that special someone a distinctive note, whether it be your new friends at SLC, your advisor, or anyone else you can think of. These communiqués will be just \$3.

In addition, do you like corn hole or bean bag toss? Well then, get ready and get set, because we are going to be playing rounds upon rounds of it! Play with or against your State Officers and see who will reign supreme for just \$2 a game. I know the entire State Team is getting pumped up and practicing for corn hole!

Every single cent we receive goes towards our Florida HOSA Foundation Scholarship which, in return, is exclusive for our Florida HOSA members. So at this SLC, come on out and have some fun. Good luck to you all with your competitions! I hope to see you at the SLC! Stay classy, Florida HOSA!!





Irfan Khan - State Parliamentarian

With the arrival of a new year, there are plenty of opportunities to improve ourselves. One of those opportunities is rapidly approaching us - the Florida HOSA State Leadership Conference at the Marriot World Center in Orlando. While we hope your conference experience will be described as thrilling and entertaining, we must also strive to keep it professional. Throughout the conference, there will be many official functions, such as the general sessions in the evening. During those official functions, the dress code will be the official HOSA uniform, a black/navy blue blazer, black/navy blue pants for men, black/navy blue slacks or a skirt (must be knee length) for ladies, a white collared shirt for men, a white tailored blouse or white jewel neck shell for ladies, and black/navy blue closed toed shoes. Men are required to wear a maroon or navy tie, while ladies may chose to wear the official HOSA bowtie. All members must have their shirts tucked in and ensure that no undergarments are visible. Throughout the conference, it is

expected of all members and advisors to dress appropriately and represent Florida HOSA in the best light possible. For competition dress code, competitors should refer to their guidelines for what to wear for each round of their event. Some events may require members to dress according to the profession of their competitions, such as wearing scrubs or khakis and a polo. I hope you all have had a great start to the new year; I am looking forward to seeing you all at the State Leadership Conference in April!

Region 5 HOSA

By Hannah Monhollon, Region 5 Secretary

Region 5 HOSA had its Fall Leadership Conference on October 13 in Arcadia at the Turner Agri-Civic Center. Schools from DeSoto, Hardee, Manatee and Sarasota counties attended. At the conference, there were many guest speakers who informed the region's members regarding HOSA and the nature of competitive events. During this conference, Ato Kwapong was elected as President, Parth Patel as Vice-President, Hannah Monhollon as Secretary, Janae Pompey-Hodo as Historian, Dylan Craig as Parliamentarian and Kelsey Le and Isabella Sanchez as Middle School Representatives for 2015-2016 Region 5 HOSA.

From November 20 to November 22, Region 5 participated in the Fall Leadership Development Academy (FLDA). Students from the schools throughout Region 5 attended the conference at Camp Kulaqua in High Springs to refine public speaking, interpersonal, and organizational skills while learning more about HOSA. Overall, the students of Region 5 had a great experience and enjoyed the opportunity to connect with students from other Florida HOSA regions who shared similar interests and aspirations in the health care profession.

Regional competition was held on February 4 at Manatee Technical College. Students from our two middle schools are especially excited about being able to compete in National events for the first time. Throughout Region 5, students have allocated much of their time to studying and preparing for their competitions. We look forward to demonstrating our skills at the State Leadership Conference!

SLC 2016 Pin & T-shirt Winning Design

by Carolyn Collins from Gainesville High School

Congratulations!



This winning artist will be presented with two t-shirts and ten HOSA pins during the Recognition Session at the State Leadership Conference in Orlando, FL. Thank you, for your outstanding work!

A huge thank you to all the artists who submitted designs; everyone did a fantastic job!



13570 NW 101st Drive
Suite 200
Alachua, FL 32615

Phone: (386) 462-HOSA (4672)
Fax: (386) 518-6875
Web: www.flhosa.org

National Service Project Competitive Event Highlights

- During the National Leadership Conference, attending chapters will be recognized by receiving:
 - ◊ A Certificate of Recognition for contributing a minimum of \$100 and/or 100 hours of community service to the Leukemia & Lymphoma Society
 - ◊ Or a Certificate of Merit for contributing a minimum of \$500 and/or 500 hours of community service.
- All checks should be made out to the Leukemia and Lymphoma Society and sent to their closest local office. Visit <http://www.lls.org/> to locate the closest office to your school by entering your zip code in the upper right corner.