

hosa DRESS CODE POLICY

Please refer to the State Leadership Conference Program for a more detailed description of the Florida HOSA dress code.

Delegates are required to wear either the Official HOSA Uniform, or the Suit Option to all General Sessions*.

*Opening General Session, Recognition Session, & Awards Session

GENERAL SESSIONS

OFFICIAL HOSA UNIFORM

- Tailored navy blue blazer with emblem affixed over the heart
- Matching navy blue slacks or navy blue knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or HOSA scarf
- Accents: maroon HOSA scarf (female) or maroon or navy blue long tie (male)
- Closed-toe navy blue or black shoes, including soles (hose optional for women)
- Belt (navy blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed



SUIT OPTION

- Black or navy blue suit
- White, closed-neck, tailored dress shirt (maroon or navy blue long tie)
- White blouse (appropriate neckline)
- Accent: maroon HOSA scarf (optional)
- Members may choose to wear knee-length skirt or slacks (no jeans or leggings)
- Closed-toe navy blue or black shoes, including soles (hose optional for women)
- Belt (navy blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed



COMPETITIVE EVENTS

If the competitive event guidelines identify business attire is appropriate, any of the following dress is acceptable (color is not specified for clothing or shoes for competition):
(closed-toe; open-toe; heeled sandals are permitted)



Official HOSA Uniform



Business Attire

- Shirts
- Jackets
- Skirts
- Sports Jackets
- Dresses
- Pants

Note: Shorts and flip-flops are not acceptable HOSA competitive event attire.

If the competitive event guidelines identify clinical uniform or attire appropriate to the occupational area for skill events, the following dress is acceptable (scrubs can be of any color/design, with or without a HOSA emblem):



Medical Scrubs

- Scrubs
- Clinical shoes or tennis shoes



Polo & Khakis

- Khaki pants with polo top

EVENT-SPECIFIC DRESS CODE

Please see HOSA website at hosa.org/guidelines for events and their specific dress code.

HEALTH PROFESSIONS EVENTS

Examples of health professions appropriate attire are pictured below.



CERT SKILLS



EMT



SPORTS MEDICINE

Competitors shall wear proper business attire or official HOSA uniform, or attire appropriate to the occupational area, during the orientation, written test and skill(s) – jeans and shorts are not acceptable. Bonus points will be awarded for proper dress.

HEALTH SCIENCE EVENTS || EMERGENCY PREPAREDNESS EVENTS || LEADERSHIP EVENTS || TEAMWORK EVENTS || RECOGNITION || NATIONAL GEOGRAPHIC LEARNING ACADEMIC TESTING CENTER

Competitors must be in official HOSA uniform or in proper business attire. Bonus points will be awarded for proper dress.

EXTEMPORANEOUS HEALTH POSTER

Competitors must be in official HOSA uniform, proper business attire, medical scrubs, or polo and khakis. Bonus points will be awarded for proper dress.

FORENSIC SCIENCE

Competitors shall wear the HOSA uniform, proper business attire, medical scrubs, or polo and khakis. Bonus points will be awarded in **both rounds** for proper dress. **All team members** must be properly dressed to receive bonus points.



Dress Code Policy

The following dress code policy was approved by the Florida HOSA Board of Directors in November of 2017, and began with the SLC in April of 2018.

The Florida HOSA dress code policy has different areas of emphasis: General Session Attire, Orientation Sessions, Competitive Event Dress, and Official Function Dress (workshops, social activities, event orientations, and casual dress).

GENERAL SESSION DRESS (REQUIRED)

(Opening General Session, Recognition Session, and Grand Awards Sessions)

Official HOSA Uniform

- Tailored navy-blue blazer with emblem affixed over the heart
- Matching navy-blue slacks or navy-blue knee-length skirt
- White closed neck, tailored dress shirt suitable for tie or HOSA scarf
- Accents: Female – maroon HOSA scarf (optional); Male – maroon or navy-blue long tie (required)
- Closed-toe navy-blue or black shoes, including the soles (hose optional for women)
- Belt (navy-blue or black)
- Head covers that are required for religious purposes or to honor cultural traditions are allowed

OR

Suit Option

- Black or navy-blue suit (no emblem)
- White closed-neck, tailored dress shirt suitable for tie
- White blouse (collared button-up blouse [buttoned appropriately] or circular neckline blouse [collar bone height]). Blouse/shirt must not extend below hem of jacket.
- Black or navy-blue skirt or slacks to match jacket
 - Skirt: must be knee length, appropriate size (not tight); kick pleat or opening max 4" - 5" (from bottom of skirt)
 - Slacks: appropriate to suit (skinny jeans, skinny pants, leggings, jeggings, spandex pants, or the like, are NOT allowed)
- Closed-toe navy-blue or black shoes, including the soles (hose optional for women)
- Belt (navy-blue or black)
- Head covers that are required for religious purposes or to honor cultural traditions are allowed

COMPETITIVE EVENTS DRESS (REQUIRED)

Note: Shorts and flip-flops are not acceptable HOSA competitive event attire.

Delegates must adhere to the policy as specified in the individual competitive event guidelines for the orientation and event in which they are competing.

If the competitive event guidelines identify business attire is appropriate, competitors can either wear the official HOSA uniform, navy-blue or black suit, or any of the following dress is acceptable (color is not specified for clothing or shoes for competition):

- Business Suit
- Skirts (described on previous page)
- Sports Jacket
- Blouses (described on previous page)
- Tailored Dresses
- Slacks (described on previous page)
- Jackets
- Shoes (closed-toe, open-toe, heeled sandals are permitted)
- Shirts

If the competitive event guidelines identify clinical uniform or attire appropriate to the occupational area for skill events, the following dress is acceptable (scrubs can be of any color/design, with or without a HOSA emblem):

- Scrubs
- Clinical shoes or tennis shoes
- Khaki Pants with Polo Top

Competitive Events Dress Tips:

No policy can possibly cover all contingencies, so HOSA members must use a certain amount of judgement in their choice of clothing to wear for HOSA competition. HOSA members who experience uncertainty about acceptable HOSA attire should ask his/her HOSA Chapter Advisor, but when in doubt, don't wear it.

Tips for Business Attire and Unacceptable Clothing:

- No denim clothing or canvas shoes will be acceptable. Jean skirts and dresses are NOT acceptable.
- Dress pants are acceptable, but shorts, capri pants, and other short pants are NOT acceptable.
- Casual tank or tube tops, t-shirts, sweatpants/shirts, or tennis shoes are NOT acceptable.
- Clothing for the beach, yard work, dance clubs, exercise sessions, and sports contests is NOT appropriate.
- Clothing that reveals excessive cleavage, your back, your chest, your stomach, or your undergarments/underwear is NOT appropriate.
- Clothing should be pressed and never wrinkled. Torn, dirty, or frayed clothing is NOT acceptable. Any clothing that has words, terms, or pictures that may be offensive is NOT acceptable.

Process for Awarding Competitive Event Dress Bonus Points:

For all competitive events, five (5) points will be added once per competitor or team to the tally sheet for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event.

At the SLC, dress bonus points are awarded unless a dress violation is agreed upon by the Event Manager and a member of the HOSA CE staff. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, this must be indicated on the HOSA Event Section Summary Form, and signed by a member of the CE staff.

Judges are NOT responsible for the awarding of dress bonus points; this is handled strictly by Competitive Event personnel.

OFFICIAL FUNCTION DRESS (REQUIRED)

(Leadership Academy, Workshops, HOSA Expo, and Any Social Activities)

Official HOSA uniform OR appropriate business attire is required for all official HOSA functions in conjunction with the SLC. Please refer to the General Session Dress section and/or the Competitive Events Dress section for more information on appropriate attire.

REMEMBER: Students **must** adhere to the Dress Code Policy. If students are not in appropriate attire for their competitive event, they may not be allowed to compete. Also, students will be turned away from entering General Sessions or official HOSA functions, and will be withheld from walking on stage to receive their award(s), if they are not in appropriate attire.

For illustrated examples of appropriate attire, please view the “Official Florida HOSA Dress Policy” document on the state website (www.flhosa.org).